



FILIPINO FOOD

Poetry Challenge

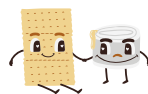


BUILD YOUR OWN POEM

1. Choose a Filipino dish or ingredient that inspires you or that you love!
2. If you are able to, cook it or order it, or if it doesn't need to be prepared, have it in front of you and take your time using your senses to observe it.
3. Ask yourself (or ask someone you are working with on this poem) the following questions:
 - a. What does it look like?
 - b. What does it smell like?
 - c. What flavors do you taste?
 - d. How does it feel when you chew/drink/consume it?
 - e. What ingredients are used?
 - f. How is it prepared?
4. Use the words on the next page as a starting point to create your own Filipino Food Poem. The possibilities for Filipino food go beyond what is listed and the combination of descriptive words are endless. I hope this helps you to jumpstart your piece of writing dedicated to Filipino cuisine.

We also would love to see your writing! Feel free to take a photo of your poem or type it and send it to hello@filamlearners or on Instagram [@filamlearners](https://www.instagram.com/filamlearners). We plan to publish and share the creativity to further inspire others.

Happy National Poetry Month!

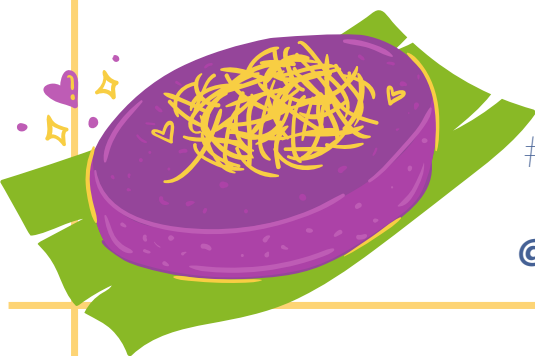


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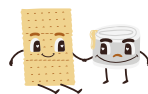
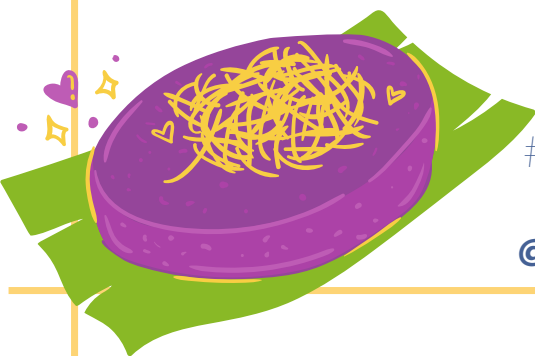
WORD INSPIRATION LIST

Circle/highlight the words that inspire you for your poem Ideas.



adobo
aromatic
bagoong
barbecue
bay leaf
beef
broth
cheese (keso)
chicken
calamansi
chewy
condensed milk
creamy
crispy
delicate
egg
fish (isda)
fried (prito)
gata
garlic (bawang)
ginataan
ginger (luya)
ginisa
grilled (inihaw)
halo halo
hearty
ice cream
kakanin
kamayan
leche flan
lumpia

mango
masarap
meaty
meryenda
mouth-watering
nilagang
onion (sibuyas)
pansit
patis
paksiw
pepper
plump
pork
rich
rice (kanin)
salt/salty
satisfying
savory
shrimp
silog
simmer
soup (sopas / sabaw)
soy sauce (toyo)
sticky
sour
sweet
tender
ube
tuyo
ulam (main dish)
vegetable (gulay)
vinegar (suka)



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POEM BRAINSTORM

What does it look like?

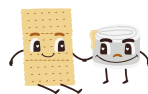
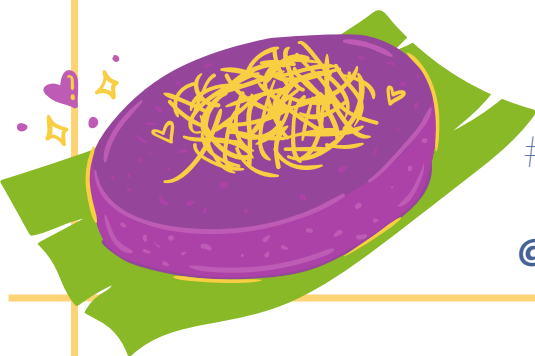
What does it smell like?

What flavors do you taste?

How does it feel when you chew/drink/consume it?

What ingredients are used?

How is it prepared? (Use the recipe to help with ideas)

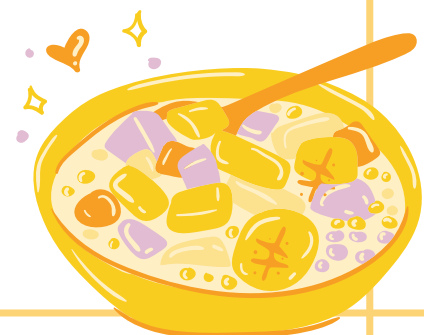


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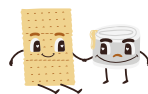
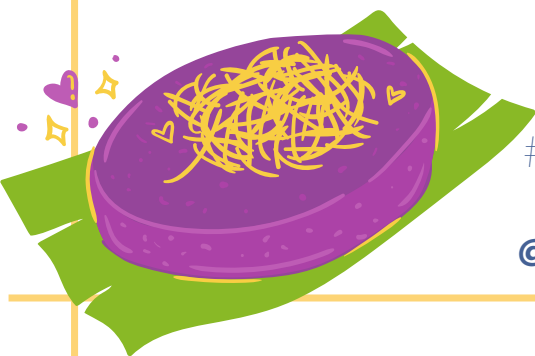
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(TITLE)





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FILIPINO FOOD Poetry Challenge

There are SO many types of poems that you can learn about in books/online.
Here are some to start you off.

SOME IDEAS FOR TYPES OF POEMS

FREE VERSE

Expressing words with no
limitations on rhyme or
rhythm.

HAIKU

5 syllables
7 syllables
5 syllables

ACROSTIC

The first letter of each line
spells out a word.



CINQUAIN

5 line poem

- 1: One word - Noun
- 2: Two words - Adjectives
- 3: Three words - Actions (ending in -ing)
- 4: Four-word phrase/description
- 5: One word synonym for line 1

OR

- 1: 2 syllables
- 2: 4 syllables
- 3: 6 syllables
- 4: 8 syllables
- 5: 2 syllables

SHAPE POEM

The words of the poem form a
shape related to the poem topic.

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These are just a few
examples of poetry forms.
Feel free to research &
use other forms as well.
Poetry is fluid & creative



FILIPINO Poetry Form

TANAGA

- ✓ Filipino form of poetry
- ✓ Oral tradition, originally in Tagalog
- ✓ Traditionally without a title
- ✓ Portrays feelings or moral
- ✓ AAAA Rhyme scheme
- ✓ 4 lines of 7 syllables each



Modern Tanaga

Rhymes can vary:

AABB
ABAB
ABBA
AAAB
BAAA

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POEM EXAMPLES:

FILIPINO FOOD
Poetry Challenge

BUKO PANDAN

by: Fil-Am Learners

Sweet buko pandan,
Coconut, jelly, and pearls
Bathed in milky cream

Haiku

5 syllables

7 syllables

5 syllables



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LECHE FLAN

by: Fil-Am Learners



L eche flan love
E gg yolk mix
Caramelized and creamy
H eavenly
E ach mouthwatering bite

F resh, evaporated, and condensed milk
L lanera
A dded sugary sweetness
N ummy dessert



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