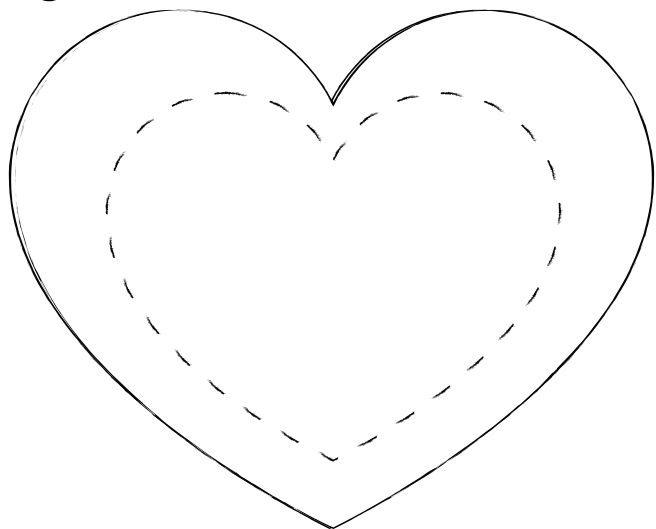


IT'S OKAY TO

feel

your feelings



Tama lang na
maramdaman

My
Feelings



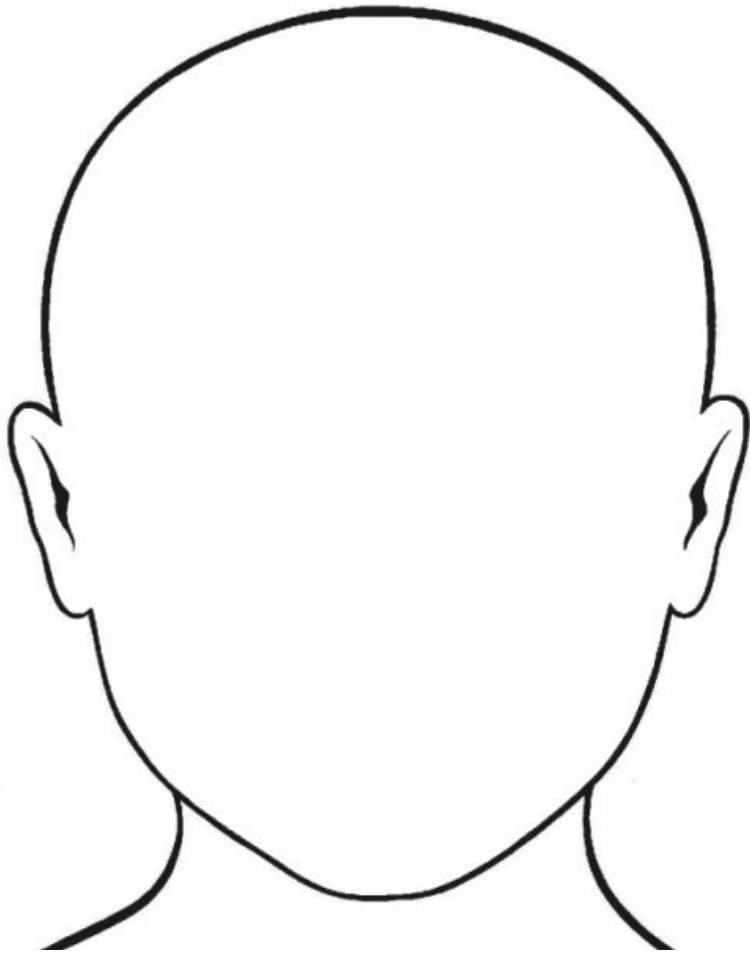
DAMDAMIN KO

My Name :
(PANGALAN KO)



This is what I look like when I feel

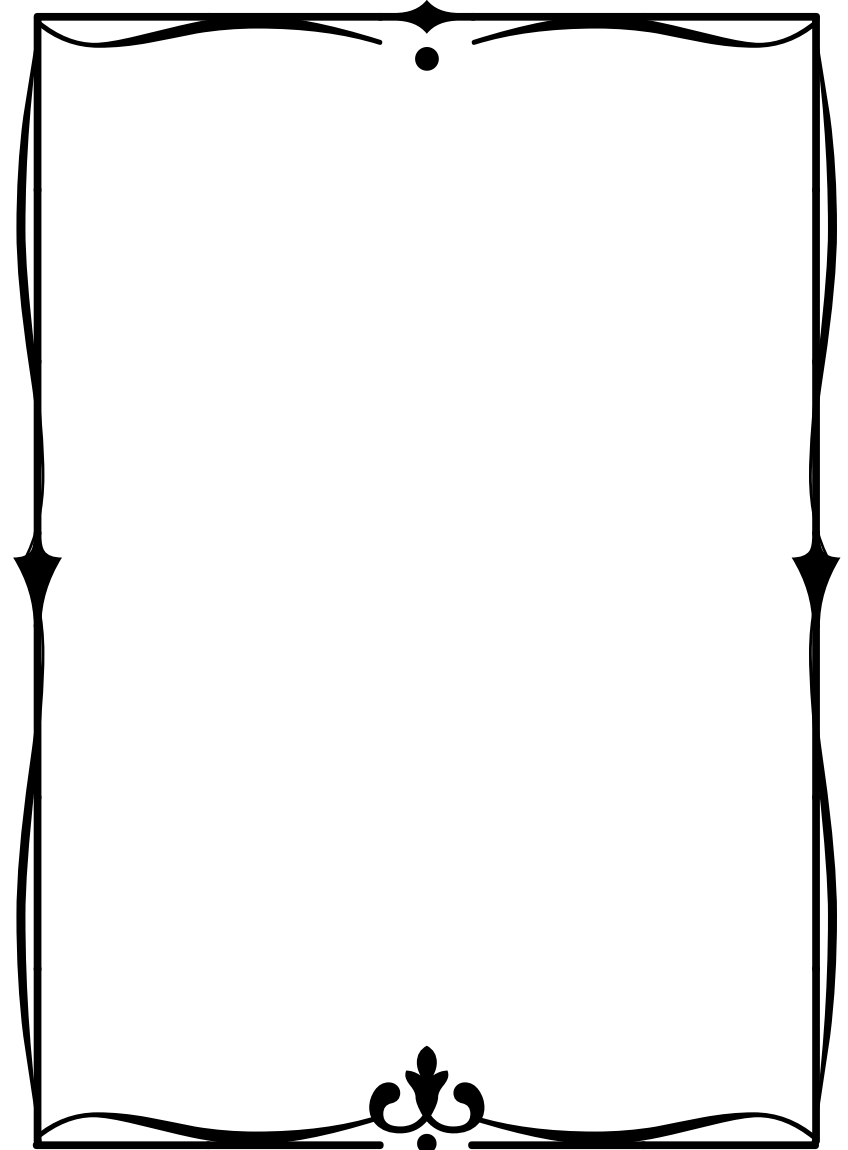
MASAYA
happy



ITO ANG ITSURA KO KAPAG AKO AY MASAYA.

Some of the things that make me

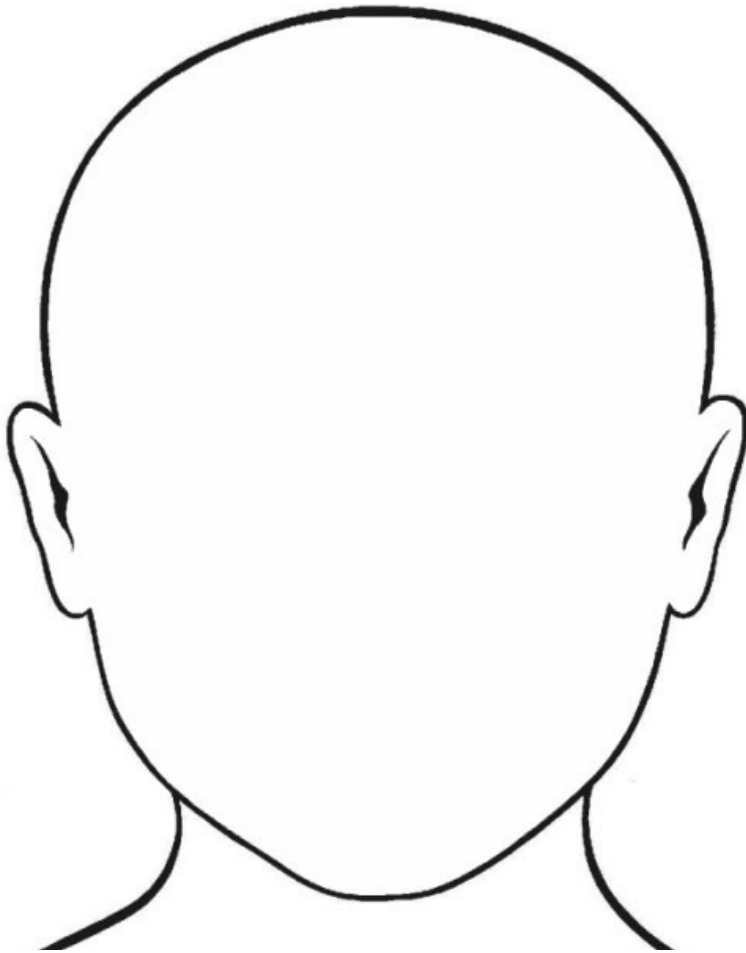
nasasabik
excited



ITO ANG MGA BAGAY NA KINASASABIKAN KO.

This is what I look like when I feel

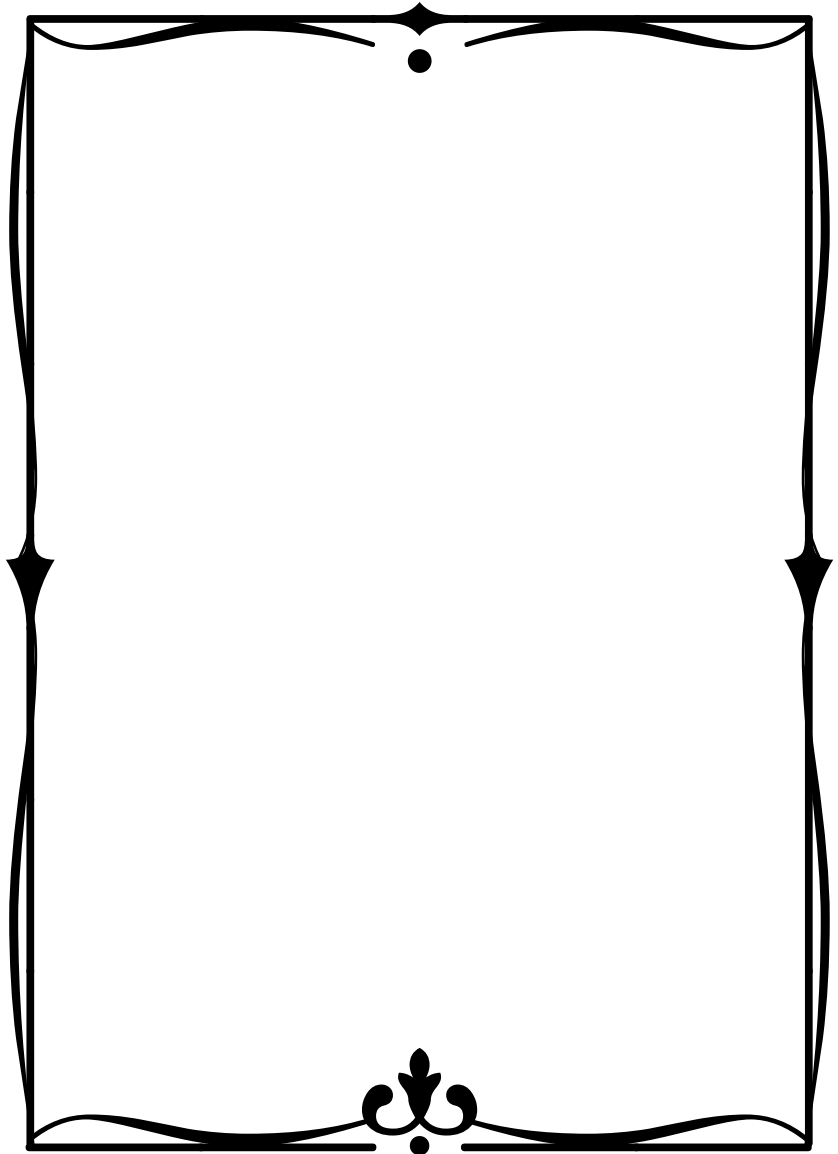
NASASABIK
excited



ITO ANG ITSURA KO KAPAG AKO AY NASASABIK.

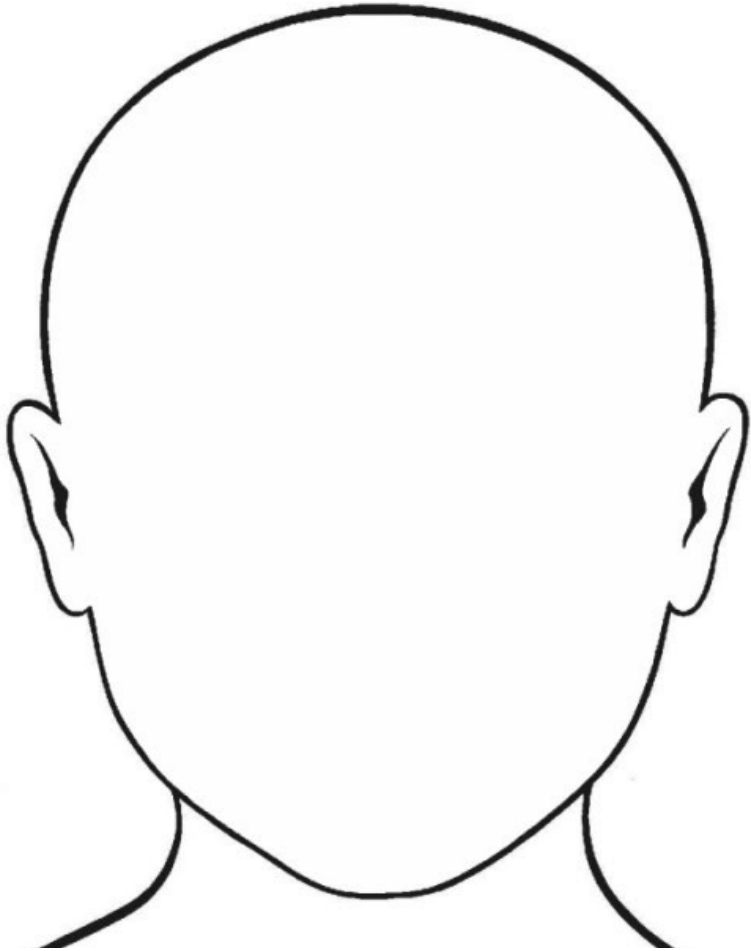
Some of the things that make me

masaya
happy



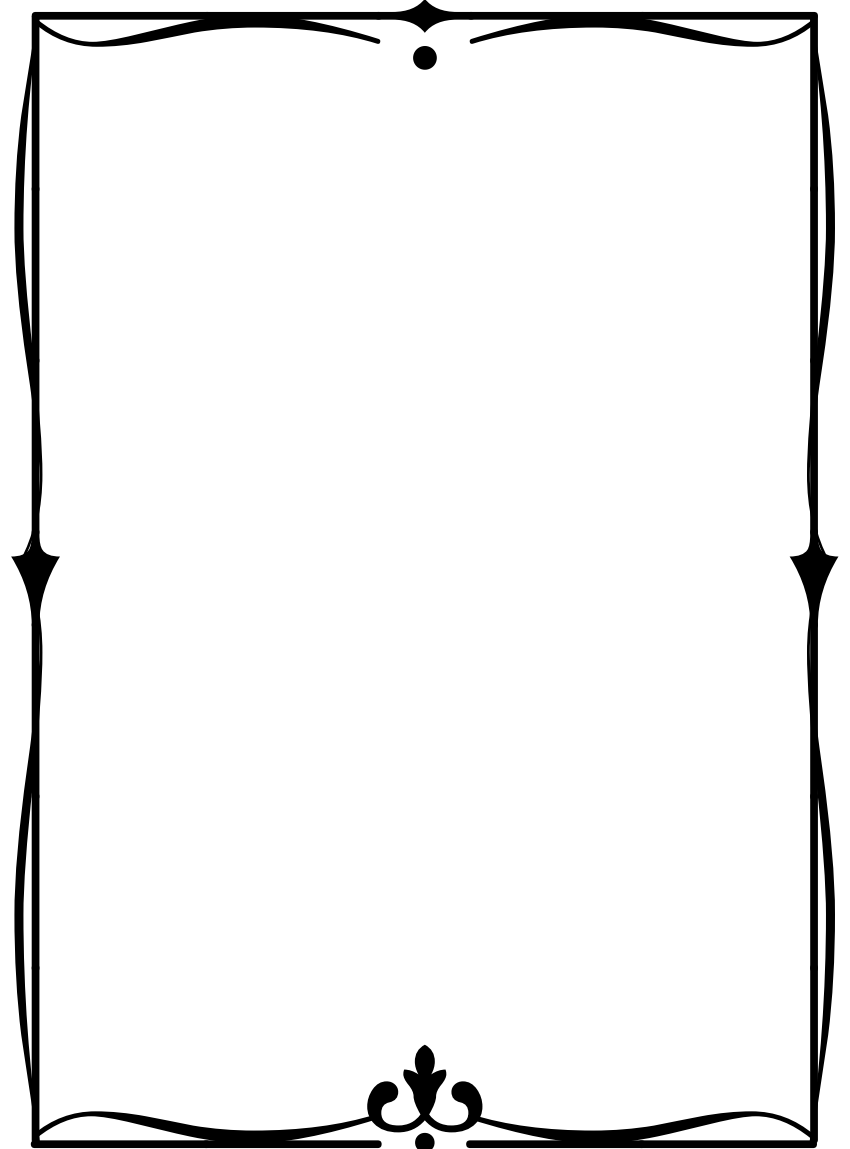
ITO ANG MGA BAGAY NA NAGPAPASAYA SA AKIN.

This is what I look like when I feel
MALUNGKOT
sad



4 ITO ANG ITSURA KO KAPAG AKO AY MALUNGKOT.

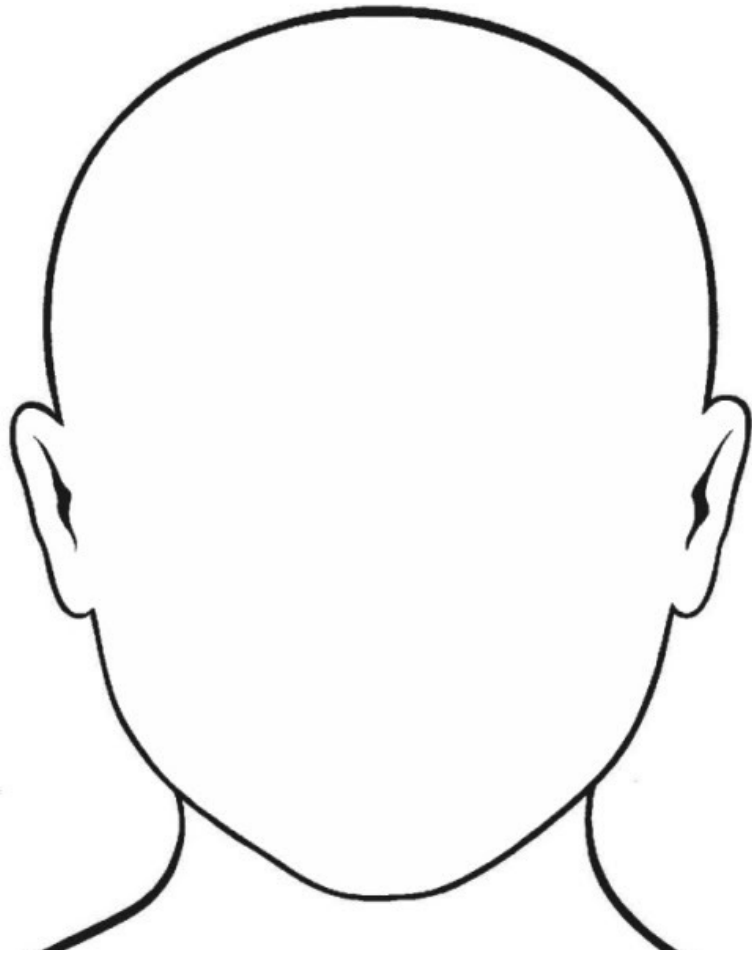
Some of the things that make me
takot
scared



9 ITO ANG MGA BAGAY NA KINATATAKOT KO.

This is what I look like when I feel

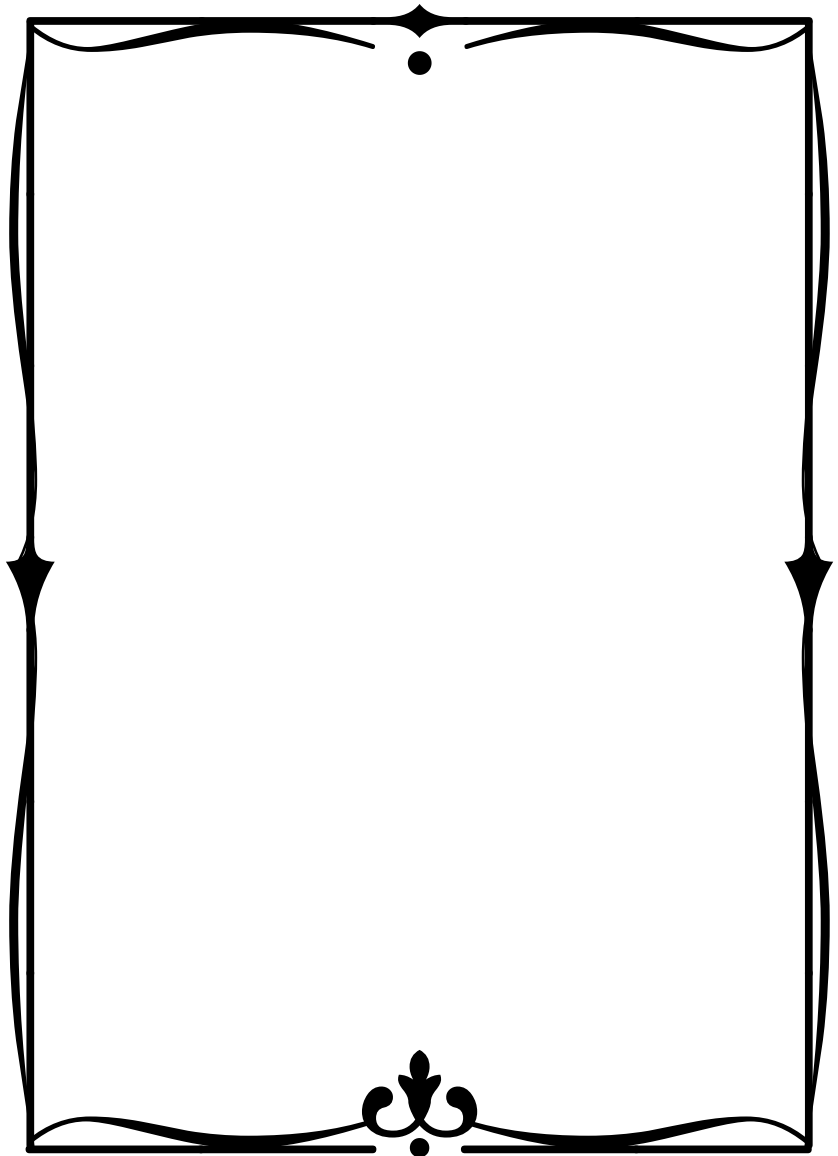
TAKOT
scared



ITO ANG ITSURA KO KAPAG AKO AY NATATAKOT.

Some of the things that make me

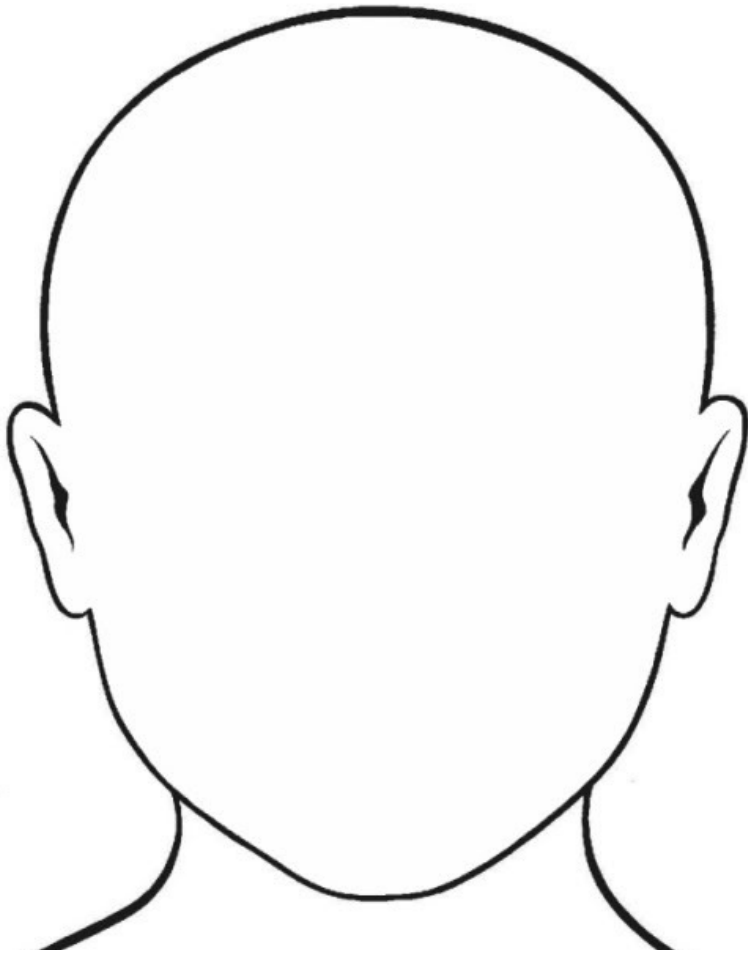
malungkot
sad



ITO ANG MGA BAGAY NA NAG PAPALUNGKOT SA AKIN.

This is what I look like when I feel

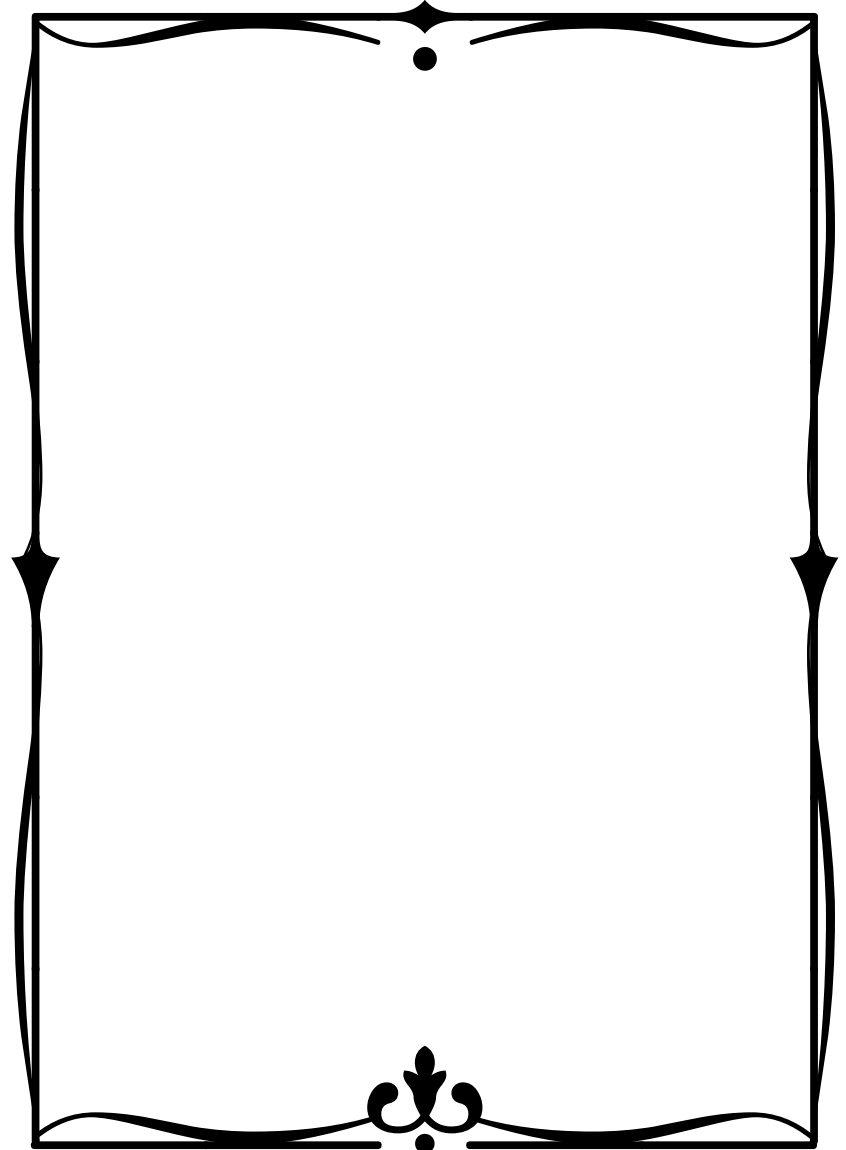
GALIT
mad



6 ITO ANG ITSURA KO KAPAG AKO AY GALIT.

Some of the things that make me

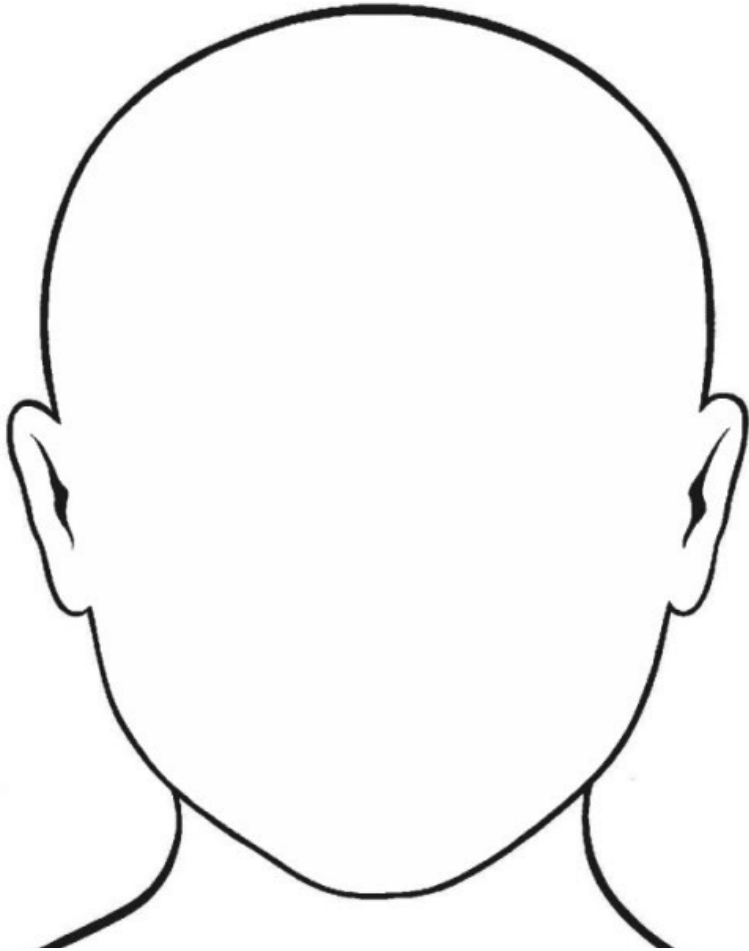
galit
mad



7 ITO ANG MGA BAGAY NA AKING KINAGAGALIT.



This is what I look like when I feel



Some of the things that make me

